



PHYSIQUE SWIMMING @ CBE
274 Garfield Place
Brooklyn, NY 11215

Winter 2025

December 9 - March 14

MONDAYS

**3:00pm - 3:30pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**5:30pm - 6:00pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

December 9 - March 10 (10 classes, \$52 each,
once per week for 30min, \$520)

NO CLASS: 1/20, 2/17, 12/23, 12/30, 2/17

6:00pm - 7:00pm: Swim Team Prep

December 9 - March 10 (10 classes, \$72 each,
once per week for 60min, \$720)

TUESDAYS

**3:00pm - 3:30pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

**5:30pm - 6:00pm: Beginner 1, Beginner 2,
Advanced 1, Advanced 2**

December 10 - March 11 (11 classes, \$52 each,
once per week for 30min, \$572)

NO CLASS: 12/24, 12/31, 2/18

5:00pm - 6:00pm: Swim Team Prep

December 10 - March 11 (11 classes, \$72 each,
once per week for 60min, \$792)

NO CLASS: 12/24, 12/31, 2/18

Physique Swimming Inc.

115 Broadway, 5th Floor

New York, NY 10006

t: (212)-725-0939 f: (646)-478-9005

e: info@physiqueswimming.com

physiqueswimming.com



WEDNESDAYS

3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1, Advanced 2

December 11 - March 12 (11 classes, \$52 each, once per week for 30min, \$572)

NO CLASS: 12/25, 1/1, 2/19

6:00pm - 7:00pm: Swim Team Prep

December 11 - March 12 (11 classes, \$72 each, once per week for 60min, \$792)

NO CLASS: 12/25, 1/1, 2/19

THURSDAYS

3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1, Advanced 2

December 12 - March 13 (11 classes, \$52 each, once per week for 30min, \$572)

NO CLASS: 12/19, 12/26, 1/2, 2/20

5:00pm - 6:00pm: Swim Team Prep

December 12 - March 13 (11 classes, \$72 each, once per week for 60min, \$792)

NO CLASS: 12/19, 12/26, 1/2, 2/20



FRIDAYS:

3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

December 13 - March 14 (10 classes, \$52 each, once per week for 30min, \$520)

NO CLASS: 12/20, 12/27, 2/21

4:30pm - 5:30pm: Swim Team Prep

December 13 - March 14 (10 classes, \$72 each, once per week for 60min, \$720)

NO CLASS: 12/20, 12/27, 2/21

SATURDAYS:

9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

11:00am - 11:30am: Beginner 1, Beginner 2, Advanced 1, Advanced 2

11:30am - 12:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

December 14 - March 8 (11 classes, \$52 each, once per week for 30min, \$572)

NO CLASS: 12/21, 12/28

11:00am - 12:00pm: Swim Team Prep

December 14 - March 8 (11 classes, \$72 each, once per week for 60min, \$792)

NO CLASS: 12/21, 12/28

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SUNDAYS:

9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

11:00am - 11:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

11:30am - 12:00pm: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

12:00pm - 12:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

12:30pm - 1:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

December 15 - March 9 (11 classes, \$52 each, once per week for 30min, \$572)

NO CLASS: 12/22, 12/29

12:00pm - 1:00pm: Swim Team Prep

December 15 - March 9 (11 classes, \$72 each, once per week for 60min, \$792)

NO CLASS: 12/22, 12/29

3:00pm - 3:30pm: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

3:30pm - 4:00pm: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:30pm - 6:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

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NO CLASS: 12/22, 12/29

5:00pm - 6:00pm: Swim Team Prep

December 15 - March 9 (11 classes, \$72 each, once per week for 60min, \$792)

NO CLASS: 12/22, 12/29

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Registration for Physique Swimming can be arranged online, by credit card over the phone at (212) 725 - 0939, or by sending the registration form to 115 Broadway, 5th Fl New York, NY 10006.

Physique Swim School Registration Form. Please, fill it out completely.

Student's Name	Age	Level	Dates	Time
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Parents' Name _____ / _____

Phone(C) _____ Phone(H) _____

Address _____ City _____

ZipCode _____

E-Mail Address _____ CC _____

EXP _____