



**PHYSIQUE SWIMMING @ CBE**  
274 Garfield Pl  
Brooklyn, NY 11215

**Winter 2024 Session Dates**  
December 11th - March 15th

**Mondays:**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**5:30pm - 6:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
Dec 11 - Mar 11 (10 classes, \$50 each, once per week for 30min, \$500)  
NO CLASS: 12/25, 1/1, 1/15, 2/19

**6:00pm - 7:00pm: Swim Team Prep**

Dec 11 - Mar 11 (10 classes, \$70 each, once per week for 60min, \$700)  
NO CLASS: 12/25, 1/1, 1/15, 2/19

**Tuesdays:**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1**  
**5:30pm - 6:00pm: Beginner 1, Beginner 2, Advanced 1**  
Dec 12 - Mar 12 (12 classes, \$50 each, once per week for 30min, \$600)  
NO CLASS: 12/26, 2/20

**5:00pm - 6:00pm: Swim Team Prep**

Dec 12 - Mar 12 (12 classes, \$70 each, once per week for 60min, \$840)  
NO CLASS: 12/26, 2/20

Physique Swimming Inc.  
115 Broadway, 5th Floor  
New York, NY 10006  
t: (212)-725-0939 f: (646)-478-9005  
e: [info@physiqueswimming.com](mailto:info@physiqueswimming.com)  
[physiqueswimming.com](http://physiqueswimming.com)



**Wednesdays:**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:30pm - 6:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

Dec 13 - Mar 13 (12 classes, \$50 each, once per week for 30min, \$600)

NO CLASS: 12/27, 2/21

**6:00pm - 7:00pm: Swim Team Prep**

Dec 13 - Mar 13 (12 classes, \$70 each, once per week for 60min, \$840)

NO CLASS: 12/27, 2/21

**Thursdays:**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1**

**5:30pm - 6:00pm: Beginner 1, Beginner 2, Advanced 1**

Dec 14 - Mar 14 (12 classes, \$50 each, once per week for 30min, \$600)

NO CLASS: 12/28, 2/22

**5:00pm - 6:00pm: Swim Team Prep**

Dec 14 - Mar 14 (12 classes, \$70 each, once per week for 60min, \$840)

NO CLASS: 12/28, 2/22

**Fridays:**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1**

Dec 15 - Mar 15 (11 classes, \$50 each, once per week for 30min, \$550)

NO CLASS: 12/22, 12/29, 2/23

**4:30pm - 5:30pm: Swim Team Prep**

Dec 15 - Mar 15 (11 classes, \$70 each, once per week for 60min, \$770)

NO CLASS: 12/22, 12/29, 2/23

Physique Swimming Inc.

115 Broadway, 5th Floor

New York, NY 10006

t: (212)-725-0939 f: (646)-478-9005

e: [info@physiqueswimming.com](mailto:info@physiqueswimming.com)

[physiqueswimming.com](http://physiqueswimming.com)



**Saturdays:**

**9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**11:00am - 11:30am: Beginner 1, Beginner 2, Advanced 1**  
**11:30am - 12:00pm: Beginner 1, Beginner 2, Advanced 1**  
Dec 16 - Mar 9 (12 classes, \$50 each, once per week for 30min, \$600)  
NO CLASS: 12/30

**11:00am - 12:00pm: Swim Team Prep**

Dec 16 - Mar 9 (12 classes, \$70 each, once per week for 60min, \$840)  
NO CLASS: 12/30

**Sundays:**

**9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**11:00am - 11:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**11:30am - 12:00pm: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**12:00pm - 12:30pm: Advanced 1, Advanced 2**  
**12:30pm - 1:00pm: Advanced 1, Advanced 2**  
Dec 17 - Mar 10 (12 classes, \$50 each, once per week for 30min, \$600)  
NO CLASS: 12/31

**12:00pm - 1:00pm: Swim Team Prep**

Dec 17 - Mar 10 (12 classes, \$70 each, once per week for 60min, \$840)  
NO CLASS: 12/31

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1**  
**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1**  
**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1**  
**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1**  
**5:00pm - 5:30pm: Advanced 1, Advanced 2**  
**5:30pm - 6:00pm: Advanced 1, Advanced 2**

Dec 17 - Mar 10 (12 classes, \$50 each, once per week for 30min, \$600)  
NO CLASS: 12/31

**5:00pm - 6:00pm: Swim Team Prep**

Dec 17 - Mar 10 (12 classes, \$70 each, once per week for 60min, \$840)  
NO CLASS: 12/31



Registration for Physique Swimming can be arranged online, by credit card over the phone at (212) 725 - 0939, or by sending the registration form to 115 Broadway, 5th Fl New York, NY 10006.

**Physique Swim School Registration Form. Please, fill it out completely.**

**Student's Name** \_\_\_\_\_ **Age** \_\_\_\_\_ **Level** \_\_\_\_\_ **Dates** \_\_\_\_\_ **Time** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Parents' Name** \_\_\_\_\_ / \_\_\_\_\_

**Phone(C)** \_\_\_\_\_ **Phone(H)** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **ZipCode** \_\_\_\_\_

**E-Mail Address** \_\_\_\_\_ **CC** \_\_\_\_\_

\_\_\_\_\_ **EXP** \_\_\_\_\_