



**PHYSIQUE SWIMMING**  
**Water Safety Instructor - Blended Learning**

**Fall 2023 Session Dates**

**A. October 28th, 29th - \$500**

- **Saturday October 28th:**
  - WeWork. 115 Broadway, 7th Fl, New York, NY, 10006: 9am - 2pm. (CLASSROOM).
  - 41 Broad St, New York, NY, 10004: 2pm-6pm. (POOL).
- **Sunday October 29th:**
  - WeWork. 115 Broadway, 7th Fl, New York, NY, 10006: 9am - 2pm. (CLASSROOM).
  - Leman Prep, 25 Greenwich St, New York, NY, 10004: 3pm-6pm. (POOL).

**B. December 3rd, 9th, 10th - \$500**

- **Sunday December 3rd:**
  - WeWork. 115 Broadway, 7th Fl, New York, NY, 10006: 9am - 2pm. (CLASSROOM).
  - Leman Prep, 25 Greenwich St, New York, NY, 10004: 3pm-6pm. (POOL).
- **Saturday December 9th:**
  - WeWork. 115 Broadway, 7th Fl, New York, NY, 10006: 9am - 1pm. (CLASSROOM).
  - 41 Broad St, New York, NY, 10004: 1pm-6pm. (POOL).
- **Sunday December 10th:**
  - WeWorks. 115 Broadway, 7th Fl, New York, NY, 10006: 9am - 2pm. (CLASSROOM).
  - Leman Prep, 25 Greenwich St, New York, NY, 10004: 3pm-6pm. (POOL).

This course, also known as WSI™, trains American Red Cross Water Safety Instructor candidates to teach courses and presentations in the Red Cross Swimming and Water Safety program. Over the course of three sessions, students will develop their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress. The courses and presentations include: Parent and Child Aquatics Levels 1 and 2, Preschool Aquatics Levels 1 - 3, Learn-to-Swim Levels 1 - 6, three adult courses, as well as the Basic Water Rescue and Personal Water Safety courses and more. To enroll, instructor candidates must be at least 16 years of age on or before the last day of the instructor course and successfully complete the precourse session which includes demonstration of swimming skill at Learn-to-Swim Level 4.

Certificate Valid for 2 years.

Questions? Please contact WSI Trainer: [Jonathan@physiqueswimming.com](mailto:Jonathan@physiqueswimming.com)

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Physique Swimming Inc.  
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Registration for Physique Swimming can be arranged online, by credit card over the phone at (212) 725 - 0939, or by sending the registration form to 115 Broadway, 5th Fl New York, NY 10006.

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**Physique Swim School Registration Form. Please, fill it out completely.**

**Student's Name** \_\_\_\_\_ **Age** \_\_\_\_\_ **Class ( A or B )** \_\_\_\_\_

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**Parents' Name (if under 18)** \_\_\_\_\_ / \_\_\_\_\_

**Phone(C)** \_\_\_\_\_ **Phone(H)** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **ZipCode** \_\_\_\_\_

**E-Mail Address** \_\_\_\_\_

**CC** \_\_\_\_\_ **EXP** \_\_\_\_\_