



RNH Summer 2023 Swim Lessons

Tuesdays: 3:00pm - 3:30pm – Me & My Shadow, Beginner 1, Beginner 2, Advanced 1, Advanced 2

Tuesdays: 3:30pm – 4:00pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2

Tuesdays: 4:00pm – 4:30pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2

Tuesdays: 4:30pm – 5:00pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2

June 27 - Aug 22 (8 classes, \$48 each, once per week for 30min, \$384) NO CLASS 7/4

Tuesdays: 4:00pm – 5:00pm – Swim Team Prep

June 27 - Aug 22 (8 classes, \$60 each, once per week for 60min, \$480) NO CLASS 7/4

Thursdays: 3:00pm - 3:30pm – Me & My Shadow, Beginner 1, Beginner 2, Advanced 1, Advanced 2

Thursdays: 3:30pm – 4:00pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2

Thursdays: 4:00pm – 4:30pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2

Thursdays: 4:30pm – 5:00pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2

June 29 - Aug 24 (9 classes, \$48 each, once per week for 30min, \$432)

Thursdays: 4:00pm – 5:00pm – Swim Team Prep

June 29 - Aug 24 (9 classes, \$60 each, once per week for 60min, \$540)

Saturdays: 9:00am - 9:30am – Me & My Shadow, Beginner 1, Beginner 2, Advanced 1, Advanced 2

Saturdays: 9:30am – 10:00am – Beginner 1, Beginner 2, Advanced 1, Advanced 2

Saturdays: 10:00am – 10:30am – Beginner 1, Beginner 2, Advanced 1, Advanced 2

Saturdays: 10:30am – 11:00am – Beginner 1, Beginner 2, Advanced 1, Advanced 2

July 1 - Aug 26 (9 classes, \$48 each, once per week for 30min, \$432)

Saturdays: 10:00am – 11:00am – Swim Team Prep

July 1 - Aug 26 (9 classes, \$60 each, once per week for 60min, \$540)

DOUBLE UP & SAVE: Twice weekly swimming is available for all levels! Enroll for 2 days of swimming online and use the promo code **DOUBLEUP** for an additional 10% discount!

**Offer is valid only for twice weekly registrations.*

Register online or at the pool and save 10%.

Registration for Physique Swimming can be arranged online, by credit card over the phone at (212) 725 - 0939 or by sending the registration form to 115 Broadway, 5th Fl New York, NY 10006

Physique Swim School Registration Form. Please, fill out it completely.

Student's Name	Age	Level	Day/Time	Time
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Parents Name _____ Phone(C) _____
Address _____ City _____ ZipCode _____
E-Mail _____
CC _____ EXP _____

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