



**“8th” Annual “SWIM IN SPRING” MEET  
AT DUNLEVY MILBANK CENTER,  
14-32 West 118<sup>th</sup> St, between Lenox & Fifth Ave, NYC 10026**

**Location:** Dunlevy Milbank Center, 14-32 West 118<sup>th</sup> St,  
between Lenox & Fifth Ave, New York, NY 10026  
**Directions:** Take the 2 3 or 6 Train to 116th Street  
**Date:** **SUNDAY, JUNE 12, 2016**  
**Time:** Warm Up (optional): 9:30am  
Meet Starts: 10:00am  
Meet Ends: 11:30am  
**Eligibility:** Events are open for anyone who can swim 1 length of the pool, Beginner –  
2, Advanced - 1, Advanced - 2 & Swim Team Prep  
**Awards:** Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> places in each heat.  
Ribbons will be awarded to everyone.

**- SNACKS WILL BE SERVED & PRIZES GIVEN OUT**

**Entry Fee:** \$30.00 – Register online at [physiqueswimming.com](http://physiqueswimming.com), at the pool, by email  
or phone  
Make checks payable to ‘Physique Swimming,’ credit cards and cash are  
welcomed.

**Entry Deadline: FRIDAY, JUNE 11, 2016**

**Questions:** 212- 725 – 0939 or [Info@PhysiqueSwimming.com](mailto:Info@PhysiqueSwimming.com)

Turn to the back for list of events ----->

**PHYSIQUE SWIM SCHOOL PARTICIPANTS, PLEASE FILL OUT & SUBMIT THIS REGISTRATION WITH PAYMENT FOR EACH CHILD.**

Name \_\_\_\_\_ Age \_\_\_\_\_ Phone # \_\_\_\_\_ Email: \_\_\_\_\_

Circle Payment: Check# \_\_\_\_\_ Cash or CC: \_\_\_\_\_ Exp Date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_  
Event # \_\_\_\_\_ Event \_\_\_\_\_  
Event # \_\_\_\_\_ Event \_\_\_\_\_  
Event # \_\_\_\_\_ Event \_\_\_\_\_

**Photo/Video Release:** I give permission for my child to be photographed and/or video taped during  
this event for Physique Swimming. ParentGuardian Signature \_\_\_\_\_

Turn to the back for list of events & fill out the info above to ----->

~ See You at the Pool ~



## “SWIM IN SPRING” SWIM MEET EVENTS

SWIM MEET SHALL BE RUN UNDER USS Swimming Rules

Event #	Girls & Boys	Age	Event
0	Girls & Boys	All Ages	Medley Relay
1	Girls	6 & under	25 Backstroke
2	Boys	6 & under	25 Backstroke
3	Girls	7 – 8	25 Backstroke
4	Boys	7 – 8	25 Backstroke
5	Girls	9 – 10	50 Backstroke
6	Boys	9 -10	50 Backstroke
7	Girls	11 & older	50 Backstroke
8	Boys	11 & older	50 Backstroke
9	Girls	7 – 8	25 Breastroke
10	Boys	7 – 8	25 Breastroke
11	Girls	9 – 10	50 Breastroke
12	Boys	9 – 10	50 Breastroke
13	Girls	11 & older	50 Breastroke
14	Boys	11 & older	50 Breastroke
15	Girls	6 & under	25 Freestyle
16	Boys	6 & under	25 Freestyle
17	Girls	7 - 8	25 Freestyle
18	Boys	7 – 8	25 Freestyle
19	Girls	9 – 10	50 Freestyle
20	Boys	9 – 10	50 Freestyle
21	Girls	11 & older	50 Freestyle
22	Boys	11 & older	50 Freestyle
23	Girls	11 & older	100 Freestyle
24	Boys	11 & older	100 Freestyle
25	Girls	8 – 10	100 IM
26	Boys	8 – 10	100 IM
27	Girls	11 & older	100 IM
28	Boys	11 & & older	100 IM