



**THE QUAD MANHATTAN AFTER SCHOOL
INSTRUCTIONAL SWIMMING AT LÉMAN MANHATTAN PREP**

Quad Manhattan After School Swim program at the 25 Pine St. is offered once per week with instructional swim at Léman Manhattan Prep Upper School, 25 Greenwich St. The 25-yard pool at Léman has 4 lanes with starting blocks. It is the perfect pool for our beginner and advanced swimmers.

Our specialized after school swim program offers superior instructional swimming by providing individual attention in small group classes, which allows for students to learn at any ability and level. Aquatic instruction is customized on your child's swimming goals and needs. We teach all swimming fundamentals and safety to all beginning swimmers and provide stroke clinic analysis to our most advanced swimmers. Private lessons are also available.

Dates & Times

The Quad Manhattan students who attend The Quad Prep

Mondays 3:15 PM, Sept. 18, 2017-Jan. 29, 2018 (17 Sessions)

Group Lessons: \$1700.00

Private Lessons: \$2040.00

- 3:15pm: Students are greeted at dismissal with a light snack
- 3:30pm: Walk over to Léman Manhattan Upper School, 25 Greenwich St
- 4:00pm - 5:00pm: Instructional Swim for 1hr
- 5:00pm: Students return back to 25 Pine St., 3rd Fl. for dismissal

The Quad Manhattan students who attend school in the community

Tuesdays 4:00 PM, Sept. 12, 2017-Jan. 30, 2018 (19 Sessions)

Group Lessons: \$1900.00

Private Lessons: \$2280.00

NO CLASS: 10/9, 11/7, 12/25 - 1/1 and 1/15

Registration for Physique After School can be arranged online, by credit card over the phone at (212) 725 – 0939, or by mail to Physique Swimming 120 East 23rd St, 5th Fl, New York, NY 10010

Registration Form

Student's Name	Age	Level	Dates	Time
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Parents' Name _____ / _____

Phone(C) _____ **Phone(H)** _____

Address _____ **City** _____ **ZipCode** _____

E-Mail Address _____

Physique Swimming Inc.
120 E 23rd St, 5th Floor
New York, NY 10010
t: (212)-725-0939 f: (646)-478-9005
e: info@physiqueswimming.com
physiqueswimming.com