



**PHYSIQUE SWIMMING @ CBE**  
274 Garfield Place  
Brooklyn, NY 11215

**Spring 2024 Session Dates**

March 18 - June 23

**MONDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1, Advanced 2**

Mar 18 - Jun 17 (11 Weeks) Blackout Dates: Apr 22, 29; May 27

11 classes, once per week for 30min, \$50 each, \$550 total

**6:00pm - 7:00pm: Swim Team Prep**

Mar 18 - Jun 17 (11 Weeks) Blackout Dates: Apr 22, 29; May 27

11 classes, once per week for 60min, \$70 each, \$770 total

**TUESDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1**

**5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1**

Mar 19 - Jun 18 (12 Weeks) Blackout Dates: Apr 23 & 30

12 classes, once per week for 30min, \$50 each, \$600 total

**5:00pm - 6:00pm: Swim Team Prep**

Mar 19 - Jun 18 (12 Weeks) Blackout Dates: Apr 23 & 30

12 classes, once per week for 60min, \$70 each, \$840 total

Physique Swimming Inc.

115 Broadway, 5th Floor

New York, NY 10006

t: (212)-725-0939 f: (646)-478-9005

e: [info@physiqueswimming.com](mailto:info@physiqueswimming.com)

[physiqueswimming.com](http://physiqueswimming.com)



### **WEDNESDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:30pm - 6:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

Mar 20 - Jun 19 (11 Weeks) Blackout Dates: Apr 24; Jun 12th, 19th

11 classes, once per week for 30min, \$50 each, \$550 total

**6:00pm - 7:00pm: Swim Team Prep**

Mar 20 - Jun 19 (11 Weeks) Blackout Dates: Apr 24; Jun 12th, 19th

11 classes, once per week for 60min, \$70 each, \$770 total

### **THURSDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1**

**5:30pm - 6:00pm: Beginner 1, Beginner 2, Advanced 1**

Mar 21 - Jun 20 (13 Weeks) Blackout Dates: Apr 25

13 classes, once per week for 30min, \$50 each, \$650 total

**5:00pm - 6:00pm: Swim Team Prep**

Mar 21 - Jun 20 (13 Weeks) Blackout Dates: Apr 25

13 classes, once per week for 60min, \$70 each, \$910 total

### **FRIDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1**

Mar 22 - Jun 21 (13 Weeks) Blackout Dates: Apr 26

13 classes, once per week for 30min, \$50 each, \$650 total

**4:30pm - 5:30pm: Swim Team Prep**

Mar 22 - Jun 21 (13 Weeks) Blackout Dates: Apr 26

13 classes, once per week for 60min, \$70 each, \$910 total

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### **SATURDAYS**

**9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2**  
**9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2**  
**10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2**  
**10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2**  
**11:00am - 11:30am: Beginner 1, Beginner 2, Advanced 1**  
**11:30am - 12:00pm: Beginner 1, Beginner 2, Advanced 1**

Mar 23 - Jun 22 (13 Weeks) Blackout Dates: Apr 27

13 classes, once per week for 30min, \$50 each, \$650 total

### **SUNDAYS**

**9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**11:00am - 11:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**11:30am - 12:00pm: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1**  
**12:00pm - 12:30pm: Advanced 1, Advanced 2**

Mar 24 - Jun 23 (13 Weeks) Blackout Dates: Apr 28

13 classes, once per week for 30min, \$50 each, \$650 total

### **12:00pm - 1:00pm: Swim Team Prep**

Mar 24 - Jun 23 (13 Weeks) Blackout Dates: Apr 28

13 classes, once per week for 60min, \$70 each, \$910 total

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1**  
**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1**  
**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1**  
**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1**  
**5:00pm - 5:30pm: Advanced 1, Advanced 2**  
**5:30pm - 6:00pm: Advanced 1, Advanced 2**

Mar 24 - Jun 23 (13 Weeks) Blackout Dates: Apr 28

13 classes, once per week for 30min, \$50 each, \$650 total

### **5:00pm - 6:00pm: Swim Team Prep**

Mar 24 - Jun 23 (13 Weeks) Blackout Dates: Apr 28

13 classes, once per week for 60min, \$70 each, \$910 total

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Registration for Physique Swimming can be arranged online, by credit card over the phone at (212) 725 - 0939, or by sending the registration form to 115 Broadway, 5th Fl New York, NY 10006.

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[physiqueswimming.com](http://physiqueswimming.com)



Physique Swim School Registration Form. Please, fill it out completely.

Student's Name \_\_\_\_\_ Age \_\_\_\_\_ Level \_\_\_\_\_ Dates \_\_\_\_\_ Time \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parents' Name \_\_\_\_\_ / \_\_\_\_\_

Phone(C) \_\_\_\_\_ Phone(H) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ZipCode \_\_\_\_\_

E-Mail Address \_\_\_\_\_ CC \_\_\_\_\_

\_\_\_\_\_ EXP \_\_\_\_\_

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