



**PHYSIQUE SWIMMING @ CBE**  
274 Garfield Place  
Brooklyn, NY 11215

**Fall 2024 Session Dates**  
September 9 - December 8

**MONDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
Sep 9 - Dec 2 (12 Weeks) Blackout Dates: Oct 14 (Indigenous People's Day)  
12 classes, once per week for 30min, \$52 each, \$624 total

**6:00pm - 7:00pm: Swim Team Prep**

Sep 9 - Dec 2 (12 Weeks) Blackout Dates: Oct 14 (Indigenous People's Day)  
12 classes, once per week for 60min, \$72 each, \$864 total

**TUESDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1**  
**5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1**  
Sep 10 - Dec 3 (13 Weeks)  
13 classes, once per week for 30min, \$52 each, \$676 total

**5:00pm - 6:00pm: Swim Team Prep**

Sep 10 - Dec 3 (13 Weeks)  
13 classes, once per week for 60min, \$72 each, \$936 total

Physique Swimming Inc.  
115 Broadway, 5th Floor  
New York, NY 10006  
t: (212)-725-0939 f: (646)-478-9005  
e: [info@physiqueswimming.com](mailto:info@physiqueswimming.com)  
[physiqueswimming.com](http://physiqueswimming.com)



### **WEDNESDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1, Advanced 2**

Sep 11 - Dec 4 (11 Weeks) Blackout Dates: Oct 2 (Rosh Hashanah) Nov 27 (Thanksgiving)

11 classes, once per week for 30min, \$52 each, \$572 total

**6:00pm - 7:00pm: Swim Team Prep**

Sep 11 - Dec 4 (11 Weeks) Blackout Dates: Oct 2 (Rosh Hashanah) Nov 27 (Thanksgiving)

11 classes, once per week for 60min, \$72 each, \$792 total

### **THURSDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1**

**5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1**

Sep 12 - Dec 5 (9 Weeks)

- Blackout Dates: Oct 3 (Rosh Hashanah) Oct 17 & 24 (Sukkot) Nov 28 (Thanksgiving)

9 classes, once per week for 30min, \$52 each, \$468 total

**5:00pm - 6:00pm: Swim Team Prep**

Sep 12 - Dec 5 (9 Weeks)

- Blackout Dates: Oct 3 (Rosh Hashanah) Oct 17 & 24 (Sukkot) Nov 28 (Thanksgiving)

9 classes, once per week for 60min, \$72 each, \$648 total



## **FRIDAYS**

**3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2**

**4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1**

**5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1**

Sep 13 - Dec 6 (10 Weeks)

- Blackout Dates: Oct 4 (Rosh Hashanah) Oct 11 (Yom Kippur) Nov 29 (Thanksgiving)

10 classes, once per week for 30min, \$52 each, \$520 total

**4:30pm - 5:30pm: Swim Team Prep**

Sep 13 - Dec 6 (10 Weeks)

- Blackout Dates: Oct 4 (Rosh Hashanah) Oct 11 (Yom Kippur) Nov 29 (Thanksgiving)

10 classes, once per week for 60min, \$72 each, \$720 total

## **SATURDAYS**

**9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2**

**9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2**

**10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2**

**10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2**

**11:00am - 11:30am: Beginner 1, Beginner 2, Advanced 1**

**11:30am - 12:00pm: Beginner 1, Beginner 2, Advanced 1**

Sep 14 - Dec 7 (12 Weeks) Blackout Dates: Oct 12 (Yom Kippur)

12 classes, once per week for 30min, \$52 each, \$624 total



**SUNDAYS**

- 9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
- 9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
- 10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2, ~~Advanced 1~~
- 10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
- 11:00am - 11:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
- 11:30am - 12:00pm: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
- 12:00pm - 12:30pm: Advanced 1, Advanced 2
- 12:30pm - 1:00pm: ~~Advanced 1, Advanced 2~~

Sep 15 - Dec 8 (13 Weeks)  
13 classes, once per week for 30min, \$52 each, \$676 total

**12:00pm - 1:00pm: Swim Team Prep**

Sep 15 - Dec 8 (13 Weeks)  
13 classes, once per week for 60min, \$72 each, \$936 total

- 3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1
- 3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1
- 4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1
- 4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1
- 5:00pm - 5:30pm: Advanced 1, Advanced 2
- 5:30pm - 6:00pm: Advanced 1, Advanced 2

Sep 15 - Dec 8 (13 Weeks)  
13 classes, once per week for 30min, \$52 each, \$676 total

**5:00pm - 6:00pm: Swim Team Prep**

Sep 15 - Dec 8 (13 Weeks)  
13 classes, once per week for 60min, \$72 each, \$936 total

Registration for Physique Swimming can be arranged online, by credit card over the phone at (212) 725 - 0939, or by sending the registration form to 115 Broadway, 5th Fl New York, NY 10006.

**Physique Swim School Registration Form. Please, fill it out completely.**

Student's Name	Age	Level	Dates	Time
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Parents' Name \_\_\_\_\_/\_\_\_\_\_

Phone(C) \_\_\_\_\_ Phone(H) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ZipCode \_\_\_\_\_

E-Mail Address \_\_\_\_\_ CC \_\_\_\_\_

\_\_\_\_\_ EXP \_\_\_\_\_

Physique Swimming Inc.  
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 e: [info@physiqueswimming.com](mailto:info@physiqueswimming.com)  
[physiqueswimming.com](http://physiqueswimming.com)