



PHYSIQUE SWIMMING @ CBE
274 Garfield Pl
Brooklyn, NY 11215

Fall 2023 Session Dates

September 11th - December 8th

Mondays:

3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2
3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2
4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2
4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2
5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2
5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1, Advanced 2
Sep 11 - Dec 4 (11 classes, \$50 each, once per week for 30min, \$550)
NO CLASS: 9/25, 10/9

6:00pm - 7:00pm: Swim Team Prep

Sep 11 - Dec 4 (11 classes, \$70 each, once per week for 60min, \$770)
NO CLASS: 9/25, 10/9

Tuesdays:

10:00am - 10:30am: Me & My Shadow
10:30am - 11:00am: Me & My Shadow
11:00am - 11:30am: Beginner 1
3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2
3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2
4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2
4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2
5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1
5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1
Sep 12 - Dec 5 (13 classes, \$50 each, once per week for 30min, \$650)

5:00pm - 6:00pm: Swim Team Prep

Sep 12 - Dec 5 (13 classes, \$70 each, once per week for 60min, \$910)

Physique Swimming Inc.
115 Broadway, 5th Floor
New York, NY 10006
t: (212)-725-0939 f: (646)-478-9005
e: info@physiqueswimming.com
physiqueswimming.com



Wednesdays:

10:00am - 10:30am: Me & My Shadow

10:30am - 11:00am: Me & My Shadow

11:00am - 11:30am: Beginner 1

3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1, Advanced 2

Sep 13 - Dec 6 (12 classes, \$50 each, once per week for 30min, \$600)

NO CLASS: 11/22

6:00pm - 7:00pm: Swim Team Prep

Sep 13 - Dec 6 (12 classes, \$70 each, once per week for 30min, \$840)

NO CLASS: 11/22

Thursdays:

10:00am - 10:30am: Me & My Shadow

10:30am - 11:00am: Me & My Shadow

11:00am - 11:30am: Beginner 1

3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1

5:30pm - 6:00pm Beginner 1, Beginner 2, Advanced 1

Sep 14 - Dec 7 (12 classes, \$50 each, once per week for 30min, \$600)

NO CLASS: 11/23

5:00pm - 6:00pm: Swim Team Prep

Sep 14 - Dec 7 (12 classes, \$70 each, once per week for 30min, \$840)

NO CLASS: 11/23



Fridays:

3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1, Advanced 2

4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1

5:00pm - 5:30pm: Beginner 1, Beginner 2, Advanced 1

Sep 15 - Dec 8 (12 classes, \$50 each, once per week for 30min, \$600)

NO CLASS: 11/24

4:30pm - 5:30pm: Swim Team Prep

Sep 15 - Dec 8 (12 classes, \$70 each, once per week for 30min, \$840)

NO CLASS: 11/24

Saturdays:

9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

11:00am - 11:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

11:30am - 12:00pm: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1

12:00pm - 12:30pm: Advanced 1, Advanced 2

12:30pm - 1:00pm: Advanced 1, Advanced 2

Sep 16 - Dec 2 (9 classes, \$50 each, once per week for 30min, \$450)

NO CLASS: 9/16, 10/7, 11/25

12:00pm - 1:00pm: Swim Team Prep

Sep 16 - Dec 2 (9 classes, \$70 each, once per week for 30min, \$630)

NO CLASS: 9/16, 10/7, 11/25



Sundays:

9:00am - 9:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
 9:30am - 10:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
 10:00am - 10:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
 10:30am - 11:00am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
 11:00am - 11:30am: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
 11:30am - 12:00pm: Me & My Shadow, Beginner 1, Beginner 2, Advanced 1
 12:00pm - 12:30pm: Advanced 1, Advanced 2
 12:30pm - 1:00pm: Advanced 1, Advanced 2

12:00pm - 1:00pm: Swim Team Prep

Sep 17 - Dec 3 (9 classes, \$70 each, once per week for 30min, \$630)
 NO CLASS: 9/17, 9/24, 11/26

3:00pm - 3:30pm: Beginner 1, Beginner 2, Advanced 1
 3:30pm - 4:00pm: Beginner 1, Beginner 2, Advanced 1
 4:00pm - 4:30pm: Beginner 1, Beginner 2, Advanced 1
 4:30pm - 5:00pm: Beginner 1, Beginner 2, Advanced 1
 5:00pm - 5:30pm: Advanced 1, Advanced 2
 5:30pm - 6:00pm: Advanced 1, Advanced 2

Sep 17 - Dec 3 (9 classes, \$50 each, once per week for 30min, \$450)
 NO CLASS: 9/17, 9/24, 11/26

5:00pm - 6:00pm: Swim Team Prep

Sep 17 - Dec 3 (9 classes, \$70 each, once per week for 30min, \$630)
 NO CLASS: 9/17, 9/24, 11/26

Registration for Physique Swimming can be arranged online, by credit card over the phone at (212) 725 - 0939, or by sending the registration form to 115 Broadway, 5th Fl New York, NY 10006.

Physique Swim School Registration Form. Please, fill it out completely.

Student's Name	Age	Level	Dates	Time
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Parents' Name _____ / _____
 Phone(C) _____ Phone(H) _____
 Address _____ City _____ ZipCode _____
 E-Mail Address _____ CC _____
 _____ EXP _____

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 e: info@physiqueswimming.com
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