



**PHYSIQUE SWIMMING AT THE DUNLEVY MILBANK CENTER  
(14-32 W 118th St NY, NY 10026)**

**Winter 2024 Session Dates**

**Saturday: 9:00am–9:30am – Me & My Shadow, Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Saturday: 9:30am–10:00am – Me & My Shadow, Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Saturday: 10:00am–10:30am – Me & My Shadow, Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Saturday: 10:30am–11:00am – Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Saturday: 11:00am–11:30am – Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Saturday: 11:30am–12:00pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
Jan 6 - Mar 23 (12 classes, \$40 each, once per week for 30min, \$480)

**Saturday: 11:00am–12:00pm – Advanced 1, Advanced 2, Swim Team Prep**  
Jan 6 - Mar 23 (12 classes, \$60 each, once per week for 60min, \$720)

**Sunday: 12:00pm–12:30pm – Me & My Shadow, Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Sunday: 12:30pm–1:00pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Sunday: 1:00pm–1:30pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Sunday: 1:30pm–2:00pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
Jan 7 - Mar 24 (12 classes, \$40 each, once per week for 30min, \$480)

**Sunday: 1:00pm–2:00pm – Advanced 1, Advanced 2, Swim Team Prep**  
Jan 7 - Mar 24 (12 classes, \$60 each, once per week for 60min, \$720)

**Sunday: 5:00pm–5:30pm – Me & My Shadow, Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Sunday: 5:30pm–6:00pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Sunday: 6:00pm–6:30pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
**Sunday: 6:30pm–7:00pm – Beginner 1, Beginner 2, Advanced 1, Advanced 2**  
Jan 7 - Mar 24 (12 classes, \$40 each, once per week for 30min, \$480)

**Sunday: 6:00pm–7:00pm – Advanced 1, Advanced 2, Swim Team Prep**  
Jan 7 - Mar 24 (12 classes, \$60 each, once per week for 60min, \$720)



Registration for Physique Swimming can be arranged online, by credit card over the phone at (212) 725 - 0939 or by sending the registration form to 115 Broadway, 5th Fl New York, NY 10006

Student's Name	Age	Level	Dates	Time
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Parents' Name \_\_\_\_\_/\_\_\_\_\_

Phone(C) \_\_\_\_\_ Phone(H) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ZipCode \_\_\_\_\_

E-Mail Address \_\_\_\_\_

CC \_\_\_\_\_ EXP \_\_\_\_\_