

RNH Summer 2023 Water Safety Instructor Course - Blended

1) American Red Cross Water Safety Instructor (ARC WSI) - Blended: \$500 Sunday, June 4th, 2023 from 9:00am - 5:00pm. Saturday, June 10th, 2023 from 9:00am - 5:00pm. Sunday, June 11th, 2023 from 9:00am - 5:00pm

2) American Red Cross Water Safety Instructor (ARC WSI) - Blended: \$500 Sunday, August 6th, 2023 from 9:00am - 5:00pm. Saturday, August 12th, 2023 from 9:00am - 5:00pm. Sunday, August 13th, 2023 from 9:00am - 5:00pm.

American RedCross Water Safety Instructor Course

This course, also known as WSI[™], trains American Red Cross Water Safety Instructor candidates to teach courses and presentations in the Red Cross Swimming and Water Safety program. Over the course of three sessions, students will develop their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress. The courses and presentations include: Parent and Child Aquatics Levels 1 and 2, Preschool Aquatics Levels 1 - 3, Learn-to-Swim Levels 1 - 6, three adult courses, as well as the Basic Water Rescue and Personal Water Safety courses and more. To enroll, instructor candidates must be at least 16 years of age on or before the last day of the instructor course and successfully complete the precourse session which includes demonstration of swimming skill at Learn-to-Swim Level 4.

Register online or at the pool

Registration for Physique Swimming can be arranged online, by credit card over the phone at (212) 725 -0939 or by sending the registration form to 115 Broadway, 5th FI New York, NY 10006.

We accept, Credit Card, Check, or Venmo @physique-swim

Physique Swim School R	legistration Form.	Please, fill it c	out completely.
Student's Name Age			

Please circle one of the following courses

1. WSI (6/4, 6/10, 6/11) 2. WSI (8/6, 8/12, 8/13)

Phone(C)		
Address	City	ZipCode
E-Mail		
сс		EXP

Riverdale Neighborhood House 5521 Mosholu Avenue The Bronx, NY 10471 t: (212)-725-0939 f: (646)-478-9005 e: rnh@physiqueswimming.com physiqueswimming.com