



**“15th” Annual SNOWFLAKE HOLIDAY SWIM MEET  
LÉMAN MANHATTAN PREP, UPPER SCHOOL  
1 Morris St, New York, NY 10006  
Entrance to the Pool at 25 Greenwich St**

**Location:** Léman Prep, 1 Morris Pool - Enter at 25 Greenwich St

**Directions:** 1, R, W train to Rector St; 4, 5 to Bowling Green

**Date:** **SUNDAY, DECEMBER 4, 2022**

**Time:** Warm Up (optional): 3:30pm  
Meet Starts: 4:00pm  
Meet Ends: 6:00pm

**Eligibility:** Events are open to anyone who can swim 1 length of the pool.  
**Awards:** Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> places in each heat.  
Ribbons will be awarded to everyone.

- **PHYSIQUE SWIMMING HOLIDAY GIFT WILL BE GIVEN OUT**

**Entry Fee:** \$45.00 – Register online at [physiqueswimming.com](http://physiqueswimming.com), at the pool, by email or phone  
Make checks payable to ‘Physique Swimming,’ credit cards and cash are welcomed.

**Entry Deadline:** **FRIDAY, DECEMBER 2, 2022**

**Questions:** **212-725-0939** or [Info@PhysiqueSwimming.com](mailto:Info@PhysiqueSwimming.com)

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Turn to the back for list of events ----->

**PHYSIQUE SWIM SCHOOL PARTICIPANTS, PLEASE FILL OUT & SUBMIT THIS REGISTRATION WITH PAYMENT FOR EACH CHILD**

Name \_\_\_\_\_ Age \_\_\_\_\_ Phone # \_\_\_\_\_ Email: \_\_\_\_\_

Circle Payment: Check# \_\_\_\_\_ Cash or CC: \_\_\_\_\_ Exp Date: \_\_\_\_\_ / \_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_  
Event # \_\_\_\_\_ Event \_\_\_\_\_  
Event # \_\_\_\_\_ Event \_\_\_\_\_  
Event # \_\_\_\_\_ Event \_\_\_\_\_

**Photo/Video Release:** I give permission for my child to be photographed and/or video taped during this event for Physique Swimming. Parent/Guardian Signature \_\_\_\_\_

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Turn to the back for list of events & fill out the info above to ----->

**~ See You at the Pool ~**

Physique Swimming Inc.  
115 Broadway, 5th Floor  
New York, NY 10006  
t: (212)-725-0939 f: (646)-478-9005  
e: [info@physiqueswimming.com](mailto:info@physiqueswimming.com)  
[physiqueswimming.com](http://physiqueswimming.com)



Event #		Age	Event
1	Girls	6 & under	25 Freestyle
2	Boys	6 & under	25 Freestyle
3	Girls	7 - 8	25 Freestyle
4	Boys	7 - 8	25 Freestyle
5	Girls	9 - 10	50 Freestyle
6	Boys	9 - 10	50 Freestyle
7	Girls	11 & older	50 Freestyle
8	Boys	11 & older	50 Freestyle
9	Girls	6 & under	25 Backstroke
10	Boys	6 & under	25 Backstroke
11	Girls	7 - 8	25 Backstroke
12	Boys	7 - 8	25 Backstroke
13	Girls	9 - 10	50 Backstroke
14	Boys	9 - 10	50 Backstroke
15	Girls	11 & older	50 Backstroke
16	Boys	11 & older	50 Backstroke
17	Girls	6 & under	25 Butterfly
18	Boys	6 & under	25 Butterfly
19	Girls	7 - 8	25 Butterfly
20	Boys	7 - 8	25 Butterfly
21	Girls	9 - 10	25 Butterfly
22	Boys	9 - 10	25 Butterfly
23	Girls	11 & older	50 Butterfly
24	Boys	11 & older	50 Butterfly
25	Girls	6 & under	25 Breaststroke
26	Boys	6 & under	25 Breaststroke
27	Girls	7 - 8	25 Breaststroke
28	Boys	7 - 8	25 Breaststroke
29	Girls	9 - 10	25 Breaststroke
30	Boys	9 - 10	25 Breaststroke
31	Girls	11 & older	50 Breaststroke
32	Boys	11 & older	50 Breaststroke

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