



# physique swimming 2019 Summer Camp

**WELCOME TO PHYSIQUE SUMMER CAMP!**

Grow & Learn with Us this Summer! Our mission is to inspire campers, contribute to their long term development, broaden their horizons and change the way they view the world. We are excited for our campers to become safer & more confident swimmers!

## Tuition & Summer Session Dates

| Session: 2019 Summer Camp Dates            | Full Week | Half Day |
|--|-----------|----------|
| Week 1: July 1 – July 3 – No Camp 7/4, 7/5 | \$540.00  | \$360.00 |
| Week 2: July 8 – July 12                   | \$900.00  | \$600.00 |
| Week 3: July 15 – July 19                  | \$900.00  | \$600.00 |
| Week 4: July 22 – July 26                  | \$900.00  | \$600.00 |
| Week 5: July 29 – August 2                 | \$900.00  | \$600.00 |
| Week 6: August 5 – August 9                | \$900.00  | \$600.00 |
| Week 7: August 12 – August 16              | \$900.00  | \$600.00 |
| Week 8: August 19 – August 23              | \$900.00  | \$600.00 |

- Choose Eight Weeks:  
\$770.00 Per Week

- Choose Four Weeks:  
\$790.00 Per Week

- Choose Three Weeks:  
\$800.00 Per Week

- Transportation  
To & From Camp:  
\$300.00 Per Week

- Late Pick Up,  
4:00pm – 6:00pm:  
Additional \$100/Week



**New Location with a Great Swimming Pool and Gymnasium**  
Léman Prep Upper School  
1 Morris St New York, NY 10004  
(Entrance at 25 Greenwich St)

### EARLY BIRD SPECIAL

- REGISTER BEFORE MARCH 31ST
- SAVE \$50 PER WEEK.
- USE PROMO CODE **EARLYBIRD19**

## Physique Summer Camp Sample Schedule:

- 8:00am - Morning Drop Off, Morning Announcements, Warm Ups & Icebreakers
- 9:30am - Warm Up with Music - Dynamic Stretching, Ball Skills and Light Aerobics
- 10:00am - Court Sports & Movement; Basketball, Soccer, Badminton, Volleyball, Hockey
- 11:30am - Arts & Crafts , Science, Chess
- 12:30pm - Lunch by LITTLE Green Gourmets
- 1:00pm - Dismissal - Half Day Campers
- 2:00pm - Instructional Swim
- 4:00pm - Dismissal - Full Day Campers
- 6:00pm - Dismissal - Extended Day Campers

**EXTENDED DAY OPTION:**  
available from 4:00-6:00 pm  
for an additional fee of \$100  
per week.

## Registration can be completed:

**online:** physiquesswimming.com - **email:** info@physiquesswimming.com - **phone:** (212) 725-0939  
**fax:** (646) 478-9005 - **mail:** Physique Swimming, 25 Broadway, 9th Fl, New York, NY 10004